



**Saturday, January 18—9:30am**

**Pam Crone, AAUW Seattle Branch Member  
& AAUW Lobbyist**

**“Advocacy in Action—In Solidarity with the Seattle  
Womxn’s March”**

**Executive Inn by the Space Needle  
200 Taylor Ave North**

On the third anniversary of the Million Womxn’s March, Seattle Branch will celebrate our solidarity and resistance as we learn more from Pam Crone and others about women’s rights, impending Washington State legislation, and the possibility of finally passing the Equal Rights Amendment. Pam Crone is a lawyer and contract lobbyist. She specializes in healthcare, domestic violence, civil rights & social & human services. Pam also has a teaching background in both K-12 and law school clinical & externship programs. She has lobbied since the 2001 legislative session. Branch members will share recent information and lead us in discussion and activism, including an opportunity for letter writing to your local and state officials. We will adjourn at our usual time; members will be able to join the Seattle March at Cal Anderson Park or downtown Seattle if interested.

### **Come Join Us!**

**Cost:** \$15 inclusive. No charge for full-time students or matriculated students with corresponding student ID (reservations still required).

**Menu:** Hot breakfast buffet including scrambled eggs with cheese, morning potatoes, sausage, breakfast breads, fruit juice, freshly brewed coffee, decaffeinated coffee, and tea.

**Parking:** Free in hotel garage (sign the book at the front desk). Paid parking can usually be found on the street. Bus: #8 on Denny.

**Reservations required by Sunday, January 12, 2020**  
To reserve your place, send an email to: [RSVP@aauw-seattle.org](mailto:RSVP@aauw-seattle.org).

### **And Next Month...**

**Gwen Hanson, MD**  
**“Women Empowerment and  
Climate Solutions”**

Saturday, February 15, 2020  
AAUW-Seattle Meeting  
9:30-noon

**Executive Inn by the  
Space Needle**  
200 Taylor Ave N, Seattle

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**Leadership Corner—Katherine Cleland**

Advocacy is for Everyone.

What makes a democracy strong is active participation of an educated and engaged community! Our elected officials at all levels need to hear from us as citizens about what kind of government we want. If individuals don't speak up, and if groups of individuals don't collectively add their voices together, special interests will prevail. Some special interest groups have in mind the greater good, as they see it; some have other agendas which may not align with the best interests of the public. So who decides? Those who speak up and have their voices heard.



But does my voice and vote really matter? Absolutely. We as individuals have a huge role to play in all elections, and perhaps the most important are local, regional and state elections, where races and referendums and council decisions are decided by handfuls of votes. By understanding the issues our elected officials are considering and bringing to them important issues that they don't have on their radar, AAUW branches and members impact our communities in a positive way.

Getting active in advocacy is a responsibility for AAUW members, whether it is the simple and primary act of voting, or whether it's writing a compelling letter to the editor. Whether it's signing an online letter or petition, postcarding, letter writing, phone banking, or meeting face-to-face with our representatives at lobby days, you can choose how you want to engage, but you MUST engage. You have the knowledge, skills, and privileges to speak up and be heard on important matters.

Each of us has an important opportunity to not only walk the walk on advocacy, but also model the behaviors of engaged citizens and educate and mentor others. Let's make this community we live in one that reflects our values.

***This newsletter is a publication of the American Association of University Women (AAUW)***

***Seattle Branch.***

Page one [Seattle cityscape](#) by Michael Tompsett

**Mission Statement**

To advance gender equity for women and girls through research, education, and advocacy.

**Vision**

Equity for all.

**Values**

Nonpartisan. Fact-based. Integrity. Inclusion and Intersectionality.



Thanks for all who donated items to Mary's Place. The sheets, towels, clothing, toiletries, back pack, roll-board, pampers, etc.—filled a car trunk and back seat and were gladly received at the Mary's Place shelter in north Seattle immediately after the meeting. You can learn about ways to donate at:

<https://www.marysplaceseattle.org/ways-to-give>.

**Scholar Recognition Launches for 2020—June Arnold**

January will mark the 20<sup>th</sup> season of the Seattle Branch's Scholar Recognition awards. This program honors young women who are high school seniors for their achievement and dedication in the subjects of math, science and technology, selected by their teachers. This program is made possible by the many Seattle Branch volunteers who contact participating high schools and facilitate the nomination process. Member volunteers for 2020 include: Renee Agatsuma (Rainier Beach), Barbara Sando (Cleveland and Franklin), Judy Waring (Ingraham), Joan Peterson (Ballard), Cynthia Sheridian (Nathan Hale), Heather Dohan (Roosevelt), Marilyn Mears (West Seattle), Rachael Foe (Chief Sealth), Sandra Wheeler (Garfield) and Senait Habte (Making Connections at the UW Women's Center). Mark your calendars for the Scholar Recognition evening reception on Wednesday, April 15<sup>th</sup> at 7:00pm, where we will honor the scholars and their families. Our speaker this year will be Deputy Chief Reba Gonzales, Seattle Fire Department 2017 Chief of the Year. Take a quick peek at <https://www.youtube.com/watch?v=iqlXDExNuwl> and learn why you don't want to miss this event. Chief Gonzales will talk about her life in public service and what inspired her to choose this path. If you have any questions or are interested in supporting the program, please contact June Arnold at: [recognition@auw-seattle.org](mailto:recognition@auw-seattle.org).

## December Branch Meeting—*Tonna Kutner*

Our annual Holiday Party at the Seattle Yacht Club went off without a hitch this year. Electricity and everything! All the lights were glowing and the hot breakfast was delicious. We had a big crowd of over 60 members and guests. It is always enjoyable visiting with friends you haven't seen in a while and it was a very festive crowd.



We had two girls from Tech Trek who were very articulate and moving in sharing their Tech Trek experiences from last summer. They both seemed to have gained a lot of confidence and become clearer and more active in pursuit of their goals. Even their parents spoke, which gives some insight on how this incredible program encourages positive changes not only in the girls but in their families too. It seemed to make everyone feel even stronger about supporting more Tech Trek girls next summer.

Kelvie Comer talked about different ways to fundraise for Tech Trek. June Arnold told about her incredibly intense and marvelous experience as a Dorm Monitor for Tech Trek last summer. Tonna Kutner totally agreed, as she also spent a week as a Dorm Monitor last summer. We are looking for more volunteers to help with Tech Trek to contact schools, interview girls and other tasks in and around Seattle. We are looking for more women who are willing to go to camp and help out as Dorm Monitors in July of 2020. If any of this important work interests you, or you have questions, please let Tonna know: [techtrek@aauw-seattle.org](mailto:techtrek@aauw-seattle.org).



We had a record number of baskets to raffle – thanks to all who made basket donations. Robin Hendricks did a great job of selling tickets. I'm not sure of the exact number, but we made well over \$1,000, or more than enough to sponsor a girl at Tech Trek next summer. If you couldn't make the meeting, here are some ways to make a tax-deductible donation to Tech Trek:



Online, via credit or debit card: <https://techtrek-wa.aauw.net/>, or  
Via check made out to "AAUW-WA SPF" with "Tech Trek Seattle" on the message line sent to:  
AAUW-WA SPF, PO Box 1665, Bellevue, WA 98009-1665

The Raintones, a women's quartet singing in the barbershop style, really sang their way into our hearts, offering both holiday songs and a nice range of non-holiday numbers. All together a very warm and festive meeting. Thanks to all who worked to make it happen!



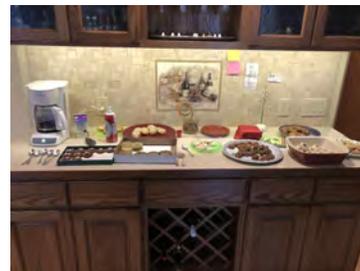
## December Board Meeting—*Rachel Foe*

The Seattle Branch Board meeting was held on December 9th, 2019 via conference call. Co-president Lynn Dissinger facilitated the meeting, beginning with a discussion of our upcoming programs. We want a particularly good turnout for our March 21<sup>st</sup> meeting when Seattle Times Executive Editor Michele Matassa Flores will speak about fake news. Judy Waring reported that we have 95 members and Bev Fogle brought the board up to speed on our annual IRS reporting form. There was a brief discussion about who will help nominate our next treasurer and membership chair. Tonna Kutner and Judy Waring volunteered to serve on the Nominating Committee—a third member will be needed on the committee.

## West Seattle & South Social Cookie Exchange—*Judy Waring*



The West Seattle and South Social Group met at Penny Tetter's home on Dec. 10<sup>th</sup> for coffee and a cookie exchange (and sampling). The seven of us who met brought at least one Christmas ornament to "show and tell." Many of our ornaments were old and had been made by a relative or friend. They are cherished for their history, meaning, and memories, not just their beauty. We enjoyed seeing Penny's beautiful Christmas tree. Our next gathering will be at 10 am on January 14<sup>th</sup> at the home of Myrna Muto; *bring a memento of your most favorite trip and share what makes it so special.*



## Northeast Get Together—*Fiona Goodchild*

Seven Seattle Branch members met for the first time at Fiona Goodchild's home on December 9<sup>th</sup>. We shared experiences and local stories over coffee and tea. A culinary theme emerged through tales of 'urban foraging' in the northeast district, where a range of berries and fruits are available throughout the year. And it takes creativity to process them! This was a chance for long-term members to meet new members to our branch. We enjoyed finding out that we have common ground and ideas that attract us to AAUW. We are looking forward to holding regular gatherings.

If you are not already on the email list for the SSG in your area, here are the contacts: Myrna Muto (host of next W. Seattle and Point S. SSG), Fiona Goodchild (host of the Dec NE Seattle), Pat Dubrow (host of next Central), and Gay Armsden (Northernmost). The NW Seattle SSG doesn't have a person of contact yet. Please note that until there is a volunteer from each SGG to be the "official" contact person, contact names will change month-to-month. Email Gay Armsden if you are a new member and don't know which group you belong to (although you may attend any SSG) or if you have any questions.

## Marketing and Communication—*CJ Nash*

Last month we had a technical glitch that kept newsletter links from working even though they'd been thoroughly tested. We apologize for that and thank those who let us know we had a problem. Anytime you spot something in *The Catalyst* that isn't working, please don't hesitate to send an email to *Catalyst* Editor at [catalyst@aauw-seattle.org](mailto:catalyst@aauw-seattle.org).

We also continue to work on updating our website. If you are interested in participating in that project or helping us with our other marketing and communication, please send us an email at: [marketing@aauw-seattle.org](mailto:marketing@aauw-seattle.org). We'd especially love to hear from anyone with experience in social media or event marketing.

## Public Policy—*Katherine Cleland*

Karen Anderson, our State Public Policy Chair, has shared information on bills that AAUW will be backing during this short non-budget year legislative session. Here are excerpts:

“We are working on several measures, some of which are carryovers from the last legislative session. One of our highest priorities will be comprehensive sex education for public schools in Washington. The bill, HB2184, is currently being revised. Basically, it will mandate age appropriate, scientifically based sex education in all grade areas, will include birth control as well as abstinence education, and will cover consent education, an important element for AAUW. It is important to stress its importance to both Democrats and Republicans. It stalled last year and [contacting representatives] would be especially helpful if you have members of the House Education Committee from your area.” Your contacting them would be helpful in getting the bill out of the committee.

“AAUW is also planning to support a Working Families Tax Credit law being drafted by the Washington Budget and Policy Committee. I have asked them to do a gender analysis of its likely effects. Because women are disproportionately represented among low income earners, it will inevitably provide some relief to those who need it the most. It does not have a number yet.”

“AAUW will once again support a bill on Title IX and campus sexual assault protections, which has yet to be drafted. In the light of federal Department of Education policies tilting toward the accused, it is important that we create some safeguards for women survivors. We will also support SB 5143, which removes guns temporarily from domestic violence perpetrators. Safety for women is certainly a priority for AAUW.”

Karen concludes with “I will provide a list of our bills on the state website <https://aauw-wa.aauw.net/> before Lobby Day.”

### 2020 AAUW Lobby Day – January 27, 2020 at 8am

St. John’s Episcopal Church, Olympia, WA

Plan to attend a fun, informative and impactful day in Olympia. First contact Public Policy Chair Katherine Cleland at [publicpolicy@aauw-seattle.org](mailto:publicpolicy@aauw-seattle.org) since she will be helping organize carpools and coordinating afternoon legislative appointments that need to be made in late December or early January.

Members usually depart for Olympia very early in the morning, but you could consider going on Sunday afternoon. Registration is \$25 per person--click here for online registration: <https://aauw-wa.aauw.net/2019/09/07/2020-lobby-day-jan-27/>. Plan to park at the church and leave your car there for the day. The morning begins with a Continental breakfast followed by a program of speakers, including Steve Breaux of Planned Parenthood, who will speak on a bill to provide comprehensive, scientifically accurate, and age appropriate sex education in



Washington’s public schools. More information on additional speakers will be available nearer to when the legislature convenes on January 13, 2020. Our Lobby Day morning ends with information on lobbying and lunch—you’ll select your sandwich/salad choice when you register. Then you’ll depart for the Capitol campus—it’s a few blocks walk so wear comfortable shoes and dress for the weather. Besides meeting with your legislators or their assistants, you’ll have the opportunity to attend committee hearings on various bills. You’ll find helpful information at <http://leg.wa.gov/> on legislative districts, your legislators’ e-mails, their legislative assistants, bills, a capitol campus map, and more.



## Interest Group Corner

The Seattle Branch has four active interest groups and hopes to add new ones in the near future, so stay tuned. Check this space each month to learn what's happening with each interest group and consider joining one or more. The more members who join in, the merrier. A contact person is listed with each group below.

### **Art Smart**—*Ann Dennis*—[ad@aauw-seattle.org](mailto:ad@aauw-seattle.org)

The Art Smart interest group will visit the MOHAI museum on Wednesday, January 8<sup>th</sup> to see the Microsoft

AI-enhanced exhibit of Mont-Ste-Michele, the historical French monastery. We will meet in the lobby at 10:00 a.m., visit the museum, and have lunch in the cafe at 11:30am. For information on parking, tickets, see the MOHAI website or contact Ann Dennis.



### **Book Group**—*Fiona Goodchild*—[books@aauw-seattle.org](mailto:books@aauw-seattle.org)

New place! New time! Come join us at the January book group gathering on Tuesday, January 28 from 1 -2:30pm at Haller Lake United Methodist Church, 13055 1st Ave NE, Seattle. We will be discussing the novel, *This is How It Always Is* by Laurie Frankel. For more information contact Fiona Goodchild.

### **Stage Presence**—*Bev Fogle*—[finance@aauw-seattle.org](mailto:finance@aauw-seattle.org)

Stage Presence is taking a break in January, but look for our next outing soon.

### **Writers' Group**—*Marianne North*—[writing@aauw-seattle.org](mailto:writing@aauw-seattle.org)

The writing group meets on the first Thursday of most months at 10:30 am. Members share and critique their writing, which can range from memoirs to fiction to short stories based on writing prompts. If you are Interested in joining this group, contact Marianne North.

## **Nominating Committee for 2020**—*Tonna Kutner*

So far Judy Waring and Tonna Kutner are on the nominating committee for 2020 and we are looking for one more member to participate. We will be nominating and electing two of our officers next May for two years of service. We have a very impressive and fun board for the AAUW Seattle branch and encourage any and all of our members to participate. Feel free to attend one of our board meetings or talk to a board member to see what the experience might be like.

Here are the positions we will be electing in May:

**Treasurer** - Submit check requests, serve as liaison to our financial service partner, and review financial statements. Tasks have been greatly simplified with the use of a third party financial service provider.

**Membership** - Making sure membership information is available to all prospective members, handling membership renewals, and tracking membership through the AAUW National database. Other duties include writing member news and producing the member directory.

Either of these positions could have a co-chair, if you want to share a position with another member. Anyone interested in serving on the board or on the nominating committee should contact Judy Waring at [membership@aauw-seattle.org](mailto:membership@aauw-seattle.org) or Tonna Kutner at [techtrek@aauw-seattle.org](mailto:techtrek@aauw-seattle.org).

## Member News –Judy Waring

**Lynn Dissinger**, took a break from AAUW to join friends on a Crystal cruise in the Caribbean in November. Ports-of-call included Grand Turk Island, St. Bart, St. Kitts, and Tortola. As an added bonus, it was a Broadway-themed cruise. It was nine days of great entertainment, too much food and memorable time with friends.



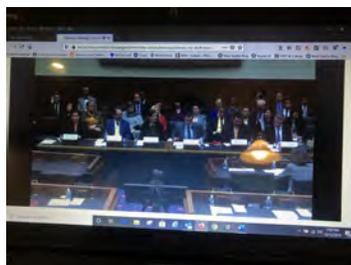
Congratulations to **Kathy Ferraro** on her Nov. 30th retirement from her job as head nurse on the Community Living Center/ Transitional Care Unit at the Seattle Veteran's Hospital. She moved to Seattle 12 years ago. After completing a Bellevue College nursing refresher course with clinicals at the VA, she was hired to work there. Kathy joined Seattle Branch AAUW and served on our program committee and as chair of AAUW Funds. As her work responsibilities increased Kathy had little free time or energy to attend AAUW meetings—but she continued to pay her dues and be a member. We enjoyed getting re-acquainted with Kathy at our December Social coffee.



Our AAUW member **Anne Goodchild** (daughter of our Branch co-president, Fiona Goodchild) was featured in an interview on the December 1<sup>st</sup> CBS Morning News, speaking on the effects of Amazon speeding up deliveries. Anne is a UW professor in the Department of Civil & Environmental Engineering and founding director of the UW Supply Chain Transportation & Logistics Center. She also serves as the academic director for the Master of Supply Chain Transportation & Logistics program.

Two days later she flew to Washington, D.C. and was one of six expert witnesses testifying in the House Transportation and Infrastructure Committee on December 5<sup>th</sup>. This was a joint hearing of the Highways and Transit Subcommittee and the Subcommittee on Rail with the title: "Where's my stuff—Examining the Economic, Environmental, and Societal Impacts of Freight Transportation." After the almost

three-hour-long hearing, Anne had afternoon appointments with some of our WA State senators and representatives, then flew back to Seattle the next day. Anne was our Scholar Recognition Speaker in April 2016.



### AAUW-Seattle Branch Officers 2019-2020

#### Elected

##### Co-Presidents:

Lynn Dissinger & Fiona Goodchild -  
[president@aauw-seattle.org](mailto:president@aauw-seattle.org)

##### VP Finance:

Beverly Fogle - [finance@aauw-seattle.org](mailto:finance@aauw-seattle.org)

##### VP Programs:

Cynthia Sheridan - [programs@aauw-seattle.org](mailto:programs@aauw-seattle.org)

##### VP Membership:

Judy Waring - [membership@aauw-seattle.org](mailto:membership@aauw-seattle.org)

##### Secretary:

Rachael Foe - [secretary@aauw-seattle.org](mailto:secretary@aauw-seattle.org)

#### Appointed

##### Web Site:

Heather Dohan - [website@aauw-seattle.org](mailto:website@aauw-seattle.org)

##### Catalyst Newsletter Editor:

Heather Dohan - [catalyst@aauw-seattle.org](mailto:catalyst@aauw-seattle.org)

##### Public Policy:

Katherine Cleland - [publicpolicy@aauw-seattle.org](mailto:publicpolicy@aauw-seattle.org)

##### College/University Relations:

Renée Agatsuma & Robin Hendricks -  
[c-u@aauw-seattle.org](mailto:c-u@aauw-seattle.org)

##### Scholarship Program:

Gay Armsden—[scholarships@aauw-seattle.org](mailto:scholarships@aauw-seattle.org)

##### Scholar Recognition:

June Arnold - [recognition@aauw-seattle.org](mailto:recognition@aauw-seattle.org)

##### Tech Trek:

Tonna Kutner – [TechTrek@aauw-seattle.org](mailto:TechTrek@aauw-seattle.org)

##### Marketing & Communications:

CJ Nash - [marketing@aauw-seattle.org](mailto:marketing@aauw-seattle.org)

##### Nominating Committee:

[nc@aauw-seattle.org](mailto:nc@aauw-seattle.org)

##### Board Members at Large

Gay Armsden—[scholarships@aauw-seattle.org](mailto:scholarships@aauw-seattle.org)

June Arnold-[recognition@aauw-seattle.org](mailto:recognition@aauw-seattle.org)

[Connect with us!](#)



AAUW - Seattle  
Non-Profit Organization

Timeline About Photos Likes More ▾

**Seattle Branch AAUW**  
**4127 SW Kenyon St.**  
**Seattle, WA 98136-2332**  
**Address Service Requested**

<b>Upcoming Events...</b>				
<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Program</b>
January 6, 2020	Monday	7 pm	Contact Secretary— ( <a href="mailto:secretary@aauw-seattle.org">secretary@aauw-seattle.org</a> ) for information	Branch Board Meeting
January 18, 2020	Saturday	9:30 am	Executive Inn by the Space Needle, Seattle, WA	Advocacy in Action
January 27, 2020	Monday	8am	Olympia, WA	AAUW State Lobby Day St. John's Episcopal Church, Olympia
February 10, 2020	Monday	7 pm	Contact Secretary— ( <a href="mailto:secretary@aauw-seattle.org">secretary@aauw-seattle.org</a> ) for information	Branch Board Meeting— teleconference
February 15, 2020	Saturday	9:30 am	Executive Inn by the Space Needle, Seattle, WA	Gwen Hanson, MD "Women Empowerment and Climate Solutions"
March 21, 2020	Saturday	9:30 am	Executive Inn by the Space Needle, Seattle, WA	Michele Matassa Flores Executive Editor of the Seattle Times
April 15, 2020	Wednesday	7 pm	Executive Inn by the Space Needle, Seattle, WA	Scholar Recognition with SPD Deputy Chief Reba Gonzales
April 17-19, 2020	Friday— Sunday		Heathman Lodge, Vancouver, WA	Washington-Oregon State Convention
May 16 ,2020	Saturday	9:30 am	Executive Inn by the Space Needle, Seattle, WA	Annual Meeting and Elise Hooper, author