



Saturday, November 16—10 am

Doors open at 9:30 am for refreshments & announcements

Mayumi Tsutakawa of Humanities Washington

“Five Women Warriors”

Shoreline City Hall Council Chambers

17500 Midvale Ave North, Shoreline, WA 98133

Writer Mayumi Tsutakawa presents five of Washington’s undiscovered feminists from the past century whose stories inspire. Drawing on her own experience as an activist and writer, she explores how these women inspired others and changed our state and our society. Meet women like pioneering photographer Imogen Cunningham and Black American jazz musician Ruby Bishop among others. For more information on this program, see our website:
<https://seattle-wa.aauw.net/programs/>.

Humanities Washington sparks conversation and critical thinking using story as a catalyst, nurturing thoughtful and engaged communities across our state. For more about Humanities Washington, visit: www.humanities.org.

Co-hosted with the Edmonds Sno-King AAUW Branch

Come Join Us!

Cost: FREE! Reservations requested. To reserve your place, send an email to: RSVP@aauw-seattle.org by **Sunday, November 10, 2019**.

Menu: Hot coffee, decaffeinated coffee, tea, and snacks.

Parking: Free behind Shoreline City Hall. Enter on Midvale Avenue.

And Next Month...

**Annual Holiday Program
with the Raintones Quartet
and Tech Trek girls talking
about their
experiences**

Raffle baskets to benefit
Tech Trek

Saturday, December 21, 2019
AAUW-Seattle Meeting
9:30 am—noon

Seattle Yacht Club
1807 E. Hamlin Street
Seattle, WA

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Leadership Corner—*Rachel Foe*

Greetings! I am the new secretary and first-time board member of our Seattle branch. I'm excited to help focus our efforts around empowering girls and women. I first learned about AAUW in Flagstaff, AZ because a good family friend, Harriet Young, was the branch president. In college, I was impressed with Harriet's consistent passion for issues she cared about. Not only was she smart and articulate (PhD in political science and professor at Northern Arizona University [NAU]), but I admired her outspoken wit and gregarious warmth toward everyone she encountered. Like most of us she has political preferences, but she modeled the importance of collaborating and building genuine relationships with people of all political stripes. This kind of civic work is why, especially in these polarizing times, I want to be part of a nonpartisan organization like AAUW.



This newsletter is a publication of the American Association of University Women (AAUW) Seattle Branch.

Page one [Seattle cityscape](#) by Michael Tompsett

Mission Statement

To advance gender equity for women and girls through research, education, and advocacy.

Vision

Equity for all.

Values

Nonpartisan. Fact-based.
Integrity. Inclusion and Intersectionality.

While studying history at NAU, I got my first taste of AAUW by hearing another powerful woman, then state congresswoman Krysten Sinema, speak at a luncheon Harriet organized in 2010. As a new Arizonian, I was unaware of all the legislative obstruction happening around women's reproductive rights. To hear, in detail, about the lack of basic, preventative healthcare for many women (especially poor women) was eye opening. I wondered what role nonpartisan groups like AAUW had in helping women lead healthy lives. What did empowering women actually look like?

I joined AAUW when I moved from California back to Flagstaff in 2016 and served as the membership chair. At that time, I knew public education was struggling in Arizona. I did my student teaching in Flagstaff in 2011 when the starting salary for many teachers in the area was under \$30,000. Also, I had a friend in California with a master's degree and more teaching experience than I had making less than I did. But going to lobby day with AAUW in Phoenix, I learned that much more was at stake in public education than teacher pay. Essentially, the state was defunding the whole system while promoting school choice vouchers. The kids that were losing the most from this? Of course, students from low socio-economic, often non-white, backgrounds. It motivated me to stay active in public education and deliberate over the role of AAUW in it all. Clearly many AAUW members and Arizona citizens (regardless of politics) cared about education. What focused things could AAUW do to further our mission and address such a systemic problem facing the state?

Quality education, equity, and women's health seem like pretty standard issues for those of us in AAUW and a good reason why I am involved. But another issue that impacts all of those is the urgency of climate change. It's abstract and an overwhelming existential threat that's hard for many people to face, especially if putting food on the table for your family is your primary focus. Although it's sometimes depressing, I mostly feel lucky to live in a time where we know what's happening and what we can do about it. The book, [Drawdown](https://www.drawdown.org/the-book) (<https://www.drawdown.org/the-book>) by Paul Hawker and Tom Steyer, lists the 100 best solutions that can and are being implemented. It's inspiring, and you know what solution number six is? Educating girls! Currently, AAUW doesn't have a policy priority around climate change. To me, it's the issue that intersects with everything else we care about.

In my time on the board, I hope to learn from other people's experience, bring in new ideas, and take focused steps to advance our mission. I look forward to meeting more of you and collaborating around inspiring ideas.

October Branch Meeting Summary-Lynn Dissinger

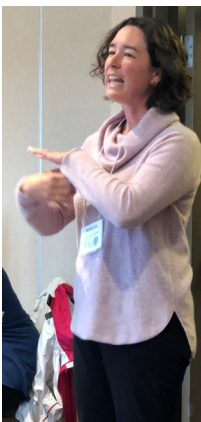
This was a day of turning lemons into lemonade. Our featured speaker, Michelle Merriweather of the Urban League, was not on hand as expected so the Plan B speaker was.....all of us! We often wish we had more opportunity to get to know each other, which is what spawned the neighborhood Social Glue activities. What

better way to fill 45 minutes of unstructured meeting time than a fun exercise to share personal information with our fellow AAUW members.



We started by hearing from our guest and AAUW International Fellowship awardee, Faith Nyakundi. Having received a political science and economics degree, she is currently at the University of Washington working on her MA degree in China-Africa Relations, exploring the political and economic realities of

China's investment in Africa. She also has a special interest in feminist resistance to gender violence in the continent. At UW she was involved with the cyber security initiative and became fascinated by the impact of social media and the internet on international feminism - both its opportunities and risks.



We next turned the spotlight on everyone in attendance by passing around a grab-bag of questions, asking each to share the answer from their random question. Examples were as follows:

Who would you want to have dinner with, or who would you like to meet? Answers ranged from Margaret Atwood, Chimamanda Ngozi Adichie and other favorite authors, to an opportunity to share a meal with Abe Lincoln and learn what his plans would have been for unity and reconstruction after the Civil War.

What's something you recommend everyone try just once?

I'm not sure she recruited any converts, but Beverly Fogle recommends we all go up in a small private plane and experience the freedom of joining the pilot in soaring over the ground below.

What is your secret power? Expressed secret powers were all related to connecting with others, whether it was finding AAUW branches everywhere one moves, providing encouragement to others, or convening multi-generational, racial and political groups monthly to talk and learn from each other.

While the program may not have been what members and guests anticipated when they arrived at the Executive Inn, they left with fun facts about fellow attendees and an excitement to continue the conversations.



October Board Meeting-*Fiona Goodchild*

The Seattle Branch Board of AAUW held its monthly board meeting on October 19, 2019 in the Executive Inn following the monthly Branch meeting with Lynn Dissinger, Co-President chairing the meeting. The board members reviewed program plans, logistics and publicity for upcoming meetings through to the business meeting in May 2020. Members discussed possible speakers for January and February meetings that are still to be firmed up.

Judy Waring reported that the Branch currently has 106 registered members and is making contact with a few of these who have not yet renewed for 2019-2020. Beverly Fogle presented the September financial report and clarified the names of board members who are authorized to access the AAUW Seattle branch investments at KMS.

The next Board Meeting will be a lunch meeting on November 16 after the monthly Branch meeting.

Upcoming Gatherings of Our Small Social Groups – *Gay Armsden*

The *Central* social group will meet at Beth Turner's home on November 2nd at 1:30 pm.

The *West Seattle + Points South* social group met for the first time in early October (see photo) and has scheduled a second gathering for November 12 at 10 a.m. at Barbara Spraker's home.

The *Northernmost* social group will be getting together on October 26 at 1pm at Marianne North's condo complex clubhouse in Lake Forest Park.

Contact the hosts for more details. You may attend any group you wish.



West Seattle + Points South social group meet up



Seattle AAUW has a tradition of collecting items for Mary's Place at our December meeting. Particularly needed are maternity clothes, twin sheets and blankets, towels, new underwear (all sizes and genders), and stroller covers. Also needed are season-appropriate clothing for men, women, and children, raincoats, and hairbrushes (new). For more information on items

to donate see <https://www.marysplaceseattle.org/share-your-stuff> Tax receipts will be available.

Gift Baskets Needed for our December Tech Trek Raffle

Seattle Branch will again be selling raffle tickets for gift baskets at our holiday party in December. All proceeds will go to Tech Trek so more girls can attend the STEM camp next summer. The raffle is always a lot of fun. Perhaps get together with a friend or two and put something together. There are lots of possibilities and here are a few ideas: Garden, Books, Dogs, Cats, Chef, Chocolate, Soups, Gift Card -- or a unique idea of your own. Please let us know if you would like to provide a basket and what the theme is, so we can avoid duplicates. Contact Penny Tetter at: pt@aauw-seattle.org.



Public Policy 2019 - Yes on Referendum 88

Katherine Cleland

Washington State AAUW (as well as the League of Women Voters) endorses approval of Referendum 88 and urges its members to vote YES on 88. We do so because a diverse labor force for the State of Washington and a diverse student body and faculty at our state universities benefits all. Our institutions function best when they represent our population and thus include the perspectives, experiences, and interests of all in Washington as they make decisions and create knowledge for a diverse citizenry.



Here's a bit more background:

In 1998, voters approved Initiative-200 (I-200), which banned affirmative action. I-200 blocked the government from giving preferential treatment to, or discriminating against, people and groups on the basis of sex, ethnicity, color, race or national origin.

In April 2019, the legislature passed Initiative 1000 (I-1000) concerning affirmative action and remedying discrimination. Initiative 1000 would allow the state to remedy discrimination for certain groups and to implement affirmative action, without the use of quotas or preferential treatment (as defined), in public education, employment, and contracting. It adds disability, age, sexual orientation and honorably discharged veterans to the list of non-discrimination factors. It creates a governor's commission on diversity, equity and inclusion.

Those in opposition to I-1000 filed Referendum 88 and collected sufficient signatures to bring this to a November vote. Here is a link to League of Women Voters information on this: <https://lwwa.org/resources/Documents/BallotMeasures/2019/LWVWA%202019%20R-88%20I-1000%20Washington%20Ballot%20Summary.pdf>.

Your ballot shows Referendum 88—but the wording is the same as Initiative 1000 approved by the legislature—so a YES vote on R-88 is a YES vote for I-1000.

From National...

Give to AAUW Greatest Needs Fund

Because Greatest Needs funding is unrestricted, it gives AAUW the most flexibility to address the challenges today's women face and seek new programs and opportunities. AAUW appreciates every day and dollar our members spend working for us, and we're particularly grateful for these donations that give us the flexibility to maximize your impact. Donate today at: <https://ww2.aauw.org/donate-gift-new/>!

Don't Be Shy about Self-Promotion

It's not your imagination: Women are often held to a double-standard in the workplace. They are more likely than men to be perceived as "pushy" when they ask for a higher salary or promotion based on their accomplishments. But when they don't, they are penalized in their pocketbooks.

It's no wonder recent research shows that 7 in 10 women would rather minimize their successes than share them with others. But hiding your value is not the answer.

While self-promotion can be tricky for women, it's also necessary. Because the silent work ethic that won us A's in school won't get us to the C-suite at work. Here are three tips from AAUW's CEO on how to show the world all the value you bring to it: <https://www.nbcnews.com/known-your-value/feature/get-over-it-why-you-can-t-afford-be-shy-ncna1050156>.



Interest Group Corner

The Seattle Branch has four very active interest groups and hopes to add new ones in the near future, so stay tuned. Check this space each month to learn what's happening with each interest group and consider joining one or more. The more members who join in, the merrier. A contact person is listed with each group below.

Art Smart—Ann Dennis—ad@aauw-seattle.org

Art Smart made a return trip to the new Nordic National Museum in Ballard last month, this time to see the first U.S. exhibit of the Danish painter, Laurits Andersen Ring, one of the most famous Norwegian artists. We all agreed that his work is magnificent. The show runs through January, and is well worth a visit.

We met for a wonderful Scandinavian lunch in the museum's café and agreed that we didn't know which we enjoyed more, the delicious food or its beautiful presentation. Over lunch, we discussed where to meet in November and decided to go to the new Burke Museum on the University of Washington campus. The meeting date will be Wednesday, November 13th. If you would like to be included on our email distribution list, please contact Ann Dennis.



Book Group—Fiona Goodchild—books@aauw-seattle.org

Come join us at the November book group on Tuesday, November 26 from 1:30 – 3pm at Lake Forest Park Towne Center. We will meet in the Stadler Room, near Third Place Books to discuss a fictional novel, *Daughter of a Queen*, by Sarah Bird. We do not plan a meeting in December. For more information contact Fiona Goodchild.

Stage Presence—Bev Fogle—finance@aauw-seattle.org

Our next *Stage Presence* excursion will be postponed until January. We're looking forward to enjoying *Guys & Dolls* at the Village Theater in Everett on January 25, 2020 (a Saturday matinee). Considered by many to be the perfect musical comedy, it has been an iconic crowd-pleaser since it first hit Broadway. This beloved multi-award-winner is a non-stop treat full of romance, hilarity, and irresistible charm.

Please call Beverly Fogle (see directory) by October 31st if you want to be included in the group seating. Bev will order the group tickets (generally about \$75). After that, you are welcome to join us, but will be responsible for purchasing your own tickets.

Writers' Group—Tonna Kutner—TechTrek@aauw-seattle.org

The writing group meets on the first Thursday of most months at 10:30 am. Members share and critique their writing, which can range from memoirs to short stories based on writing prompts. If you are interested in joining this group, contact Tonna Kutner.

Member News —Judy Waring

June Arnold and her husband Joel spent much of the summer at their Lopez Island house, doing a lot of landscaping, boating, and at their hardware store business. Their son spent the summer at their Seattle home, working at the Center for Wooden Boats. He was home after his freshman year of college, but now is back in Massachusetts for his 2nd year. A highlight of June's summer was spending a week as a dorm monitor at Tech Trek Camp at Pacific Lutheran University. She expects to take a more active role in the state level planning for 2020 Tech Trek.

Member News –continued

Rachael Foe shared her passion and why she's an AAUW member in her Leadership Column that you'll find on page 2. October 18-20th she was in San Rafael, CA, volunteering at the 30th annual Bioneers conference <https://conference.bioneers.org/>. Bioneers is an innovative nonprofit that seeks to bring people together around transformative solutions to our most pressing environmental and social issues. Rachael and her husband enjoy camping and take their Husky Tala and her new "companion" Lou along.



Tonna Kutner and former Seattle Branch member/now Bellingham Branch member Susan Moen recently visited the Hopi Reservation in Arizona. Tonna says: "I really enjoyed meeting some of the Hopi people and learning a little about their philosophies. The women do a lot of work to keep the families and ceremonies going, but perhaps as a balancing effect, they also own everything including their homes and everything in them. We got to see the amazing petroglyphs and meet with a number of incredible artists. We also met a Hopi woman who talked to more than 1,000 of her fellow Hopis into registering to vote!"



Our new member **Kristie Neklason** was interviewed on King TV on October 2nd—about the opioid crisis & teens, following the deaths of two Skyline High School teens from fentanyl overdoses (<https://www.king5.com/article/news/local/preventing-teen-opioid-abuse-needs-to-be-an-ongoing-conversation/281-44eba898-0168-4f61-b89e-478d2e31740a>). Kristie is the Youth Eastside Services ("YES") Director of School-Based Behavioral Health. She earned her master's degree in counseling from Seattle University and is a Certified Chemical Dependency Professional. She has worked in the behavioral health field for more than 25 years, with a special focus on substance use and co-occurring disorders.

For the past several years, AAUW member **Anna Rudd** has been working to preserve and publicize the history of Seattle's Freeway Revolt in the 1960s and 70s. The revolt was a multi-year, cross-cultural, city-wide effort that saved more than 15 miles of Seattle homes and parks from proposed freeways. Her historic preservation group, Seattle ARCH (Activists Remembered, Celebrated and Honored), recently donated eight boxes of documents to the UW Special Collections where they are now available to interested persons as the *Seattle Freeway Revolt Activists Collection*. To learn more, visit: www.Seattle-ARCH.org.

Vote + ask 3 friends to vote!

AAUW-Seattle Branch Officers 2019-2020

Elected

Co-Presidents:

Lynn Dissinger & Fiona Goodchild - president@aauw-seattle.org

VP Finance:

Beverly Fogle - finance@aauw-seattle.org

VP Programs:

Cynthia Sheridan - programs@aauw-seattle.org

VP Membership:

Judy Waring - membership@aauw-seattle.org

Secretary:

Rachael Foe - secretary@aauw-seattle.org

Appointed

Web Site:

Heather Dohan - website@aauw-seattle.org

Catalyst Newsletter Editor:

Heather Dohan - catalyst@aauw-seattle.org

Public Policy:

Katherine Cleland - publicpolicy@aauw-seattle.org

College/University Relations:

Renée Agatsuma & Robin Hendricks - c-u@aauw-seattle.org

Scholarship Program:

Gay Armsden—scholarships@aauw-seattle.org

Scholar Recognition:

June Arnold - recognition@aauw-seattle.org

Tech Trek:

Tonna Kutner – TechTrek@aauw-seattle.org

Marketing & Communications:

CJ Nash - marketing@aauw-seattle.org

Nominating Committee:

nc@aauw-seattle.org

Board Members at Large

Gay Armsden—scholarships@aauw-seattle.org

June Arnold-recognition@aauw-seattle.org

Connect with us!



AAUW - Seattle
Non-Profit Organization

Timeline About Photos Likes More ▾

Seattle Branch AAUW
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Seattle, WA 98136-2332
Address Service Requested

Upcoming Events...				
Date	Day	Time	Location	Program
November 16, 2019	Saturday	10 am	Shoreline City Hall, Shoreline, WA	Five Women Warriors with Mayuri Tsutakawa
November 16, 2019	Saturday	noon	Contact Secretary— (secretary@aauw-seattle.org) for information	Branch Board Meeting (after Branch Meeting)
December 2019	Monday	TBD	Contact Secretary— (secretary@aauw-seattle.org) for information	Branch Board Meeting
December 21, 2019	Saturday	9:30 am	Seattle Yacht Club, Seattle, WA	Annual Holiday Program with the Raintones and Tech Trek girls
January 18, 2020	Saturday		Executive Inn by the Space Needle, Seattle, WA	TBD
January 27, 2020	Monday		Olympia, WA	AAUW State Lobby Day
February 15, 2020	Saturday		Executive Inn by the Space Needle, Seattle, WA	TBD
March 21, 2020	Saturday	TBD		Michele Matassa Flores Executive Editor of the Seattle Times
April 15, 2020	Wednesday	7pm	Executive Inn by the Space Needle, Seattle, WA	Scholar Recognition