

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

SEATTLE BRANCH AAUW NEWSLETTER - COME JOIN US

Volume 67, Issue 1

September 1, 2018

[www.aauw-seattle.org](http://www.aauw-seattle.org)



**Saturday, September 8 —9:30am**

**Connecting with Colleges**

**DeLancey Lane**

**AAUW-WA College and University Liaison**

**Best Western Plus Executive Inn**

**200 Taylor Ave North**

**Seattle, WA 98109**

DeLancey Lane serves as on the state board as our college/university liaison. During her undergraduate time at American University, she founded a student chapter of AAUW that now has over 300 members. Excited about the potential AAUW has to be a safe place and community for women in college, DeLancey then worked at AAUW's national office in Washington, D.C. where she helped grow over 100 college chapters. She is excited to share with you the different programs and opportunities AAUW offers across the world to engage with young women and to discuss the importance of bridging the gap between the elder and newer women's rights movements. DeLancey is also looking forward to connecting with members about how the national office runs and the projects and changes they're considering.

**Book Exchange at the September Meeting!**  
**Bring a book to pass along and/or take a book to enjoy.**

## **Come Join Us!**

**Location:** Best Western Plus Executive Inn, 200 Taylor Ave North, Seattle, WA

**Cost:** \$15 inclusive - *No charge for students with ID or members who renewed their membership by July 1st (reservations required).*

**Menu:** Hot breakfast buffet including breads, fruit juice, freshly brewed coffee, decaffeinated coffee, and tea.

**Parking:** Free in hotel garage. Members who park in the garage or hotel lot can sign the book at the front desk and give their name and license plate number. 10-hour curbside pay stations on Taylor and on Thomas at \$1.50 per hour. Bus: #8 on Denny.

**RESERVATIONS REQUIRED BY Sunday, September 2, 2018.**

**If you renewed your membership by July 1st, you can attend for free with reservation.** To reserve your place, send an email to:

[RSVP@aauw-seattle.org](mailto:RSVP@aauw-seattle.org).

## **And Next Month...**

**FairVote WA**

Saturday, October 20, 2018  
AAUW-Seattle Meeting  
9:30-noon

Best Western Plus  
Executive Inn  
200 Taylor Ave N, Seattle

## Leadership Corner—Barbara Sando

Welcome to a new year of AAUW!

As I begin my final year as branch president, I'm not only proud of what the branch has accomplished, but so excited about what is yet to come. The eight strategic initiatives that we developed in mid-2017 are now in various phases of implementation, and the Seattle Branch horizon will be bright if we are successful. You can read more about our strategic initiatives on page 3. What I'll be focusing on here, appropriately, is another piece of the "branch future" puzzle -- leadership.

Over the years, I've written many Leadership Corner columns for *The Catalyst*. This is my last one as President, and likely my last for some time. As it does each fall, the Board will appoint a Nominating Committee to identify a slate of candidates for the offices coming up for election at our annual meeting in May. This year, that will be President, VP Programs and Secretary; last May, it was VP Finance and VP Membership. Officer's terms are staggered to ensure continuity on the board, and officers are term limited to ensure that boards don't become stagnant. Both of these are 'best practices' employed by most organizations.

Seattle Branch has been quite fortunate to get some newer members engaged and serving on our board in recent years. "New blood" is always good for getting a broader array of perspectives on discussion issues. Experience is good, too, and we have that in spades. Several of our board members, myself included, have served on the board in various capacities for multiple terms - some of us can even measure our service in decades! Our current board community includes five past presidents, making up one third of that population. While the experience of long-timers is invaluable in many ways, it can also be a handicap in others. We tend to get set in our ways and are not always as open to new possibilities as we might otherwise be -- not to mention, we also get tired or even burned out. Which brings me to my main point....

No matter how many members an organization has, it has no future unless someone is willing to lead it. Corporations do succession planning to convince themselves, and their shareholders, that they have a viable future - that they are a "going concern." We are an all-volunteer non-profit, so have no employees to promote into leadership roles. A "strong and stable future" for our organization depends on our members stepping up to lead Seattle Branch. So, as I begin the sixth and final year of continuous service on the board (as Secretary, then President), I encourage each of you - especially those who have not served on the board in the past - to consider taking on a leadership position. Not only is it a great way to get to better know the wonderful women who are a part of Seattle Branch, you can have an impact on the organization by helping to create its future.



*This newsletter is a publication of the*

**Seattle Branch of the AAUW**

### Mission Statement

The Seattle Branch American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research.

### Value Promise

By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women have a fair chance.

### Diversity Statement

In principle and in practice, AAUW values and seeks a diverse membership.

There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.

It is with sadness that we inform you of [Maureen Kremers'](#) unexpected passing on May 21<sup>st</sup>. Maureen served as our *Catalyst* newsletter editor and was also involved

in Scholar Recognition until she suffered a disabling stroke in August 2015. We remember her enthusiasm and her hospitality



and delicious food when she hosted board meetings at her home. Maureen's family held a celebration of her life on June 30<sup>th</sup>, which included singing by the Seattle Women's Chorus which she had been a member of, stories of how she and Bob met while high school students on a US military base in Germany, her career as a teacher and principal in the Bay Area, her love of poetry and music, and most of all, her dedication to her family. In addition to AAUW, Maureen was also active in the Women's University Club and the Jane Austin Society.

## Deadline NOW for 2018-2019 Branch Directory - Judy Waring

The new AAUW fiscal year began on July 1<sup>st</sup>. Thanks to all who renewed their membership. If you haven't renewed your dues, it's still not too late. The new directory will be printed right after Labor Day and we will distribute the directories at our September 8<sup>th</sup> meeting. We want to include any corrections or changes since the last directory was printed in October 2017—so please let Judy know so that she can update your listing. If you still need to renew, let Judy know and she will send an invoice via e-mail and you can quickly pay using your credit card. The invoice also has information on renewing by mailing a check. If you have any dues related questions, please contact Judy Waring at: [membership@aauw-seattle.org](mailto:membership@aauw-seattle.org). Meanwhile, welcome to our new members who have joined at our May meeting and over the summer.

## From Strategic Planning to Strategy Implementation - Barbara Sando

On August 7<sup>th</sup>, the Strategy Steering Team met again, this time both to review the progress of each of the Situation - Target - Proposal (STP) plans *and* to review budgets for the current fiscal year, which includes items related to our strategic plan. It's very exciting to be moving from the 'planning' phase to the

'implementation' phase in many areas. The team accomplished a tremendous amount of work to set in motion many of the suggestions our members gave us

during our data collection interviews a year ago. As with any ambitious list, there were a few ideas that didn't end up coming to fruition for various reasons, as well as others that are still on the path to being implemented in the future. But, we are still full steam ahead!



This strategic planning initiative started in spring 2017 to bring a laser focus on efforts to “ensure a strong and stable ('permanent') future for Seattle Branch” - something both near and dear to the hearts of our members, as well as being the key criteria in our legal agreement for using the income from the Dr. Winifred Weter endowment. While not everything in our plan is funded by Weter, everything in the plan is focused in one way or another on ensuring the Branch continues well into the future. You'll be hearing more about each of these initiatives in the coming months, but here are some highlights.

Seattle Branch now has a marketing consultant on contract, Allison Carney, who is helping us develop a two-year plan. The plan will have tentacles into many other areas, including internal and external communications and collaborations with other, diverse organizations. The latter, along with our branch programs, plan to expand our college and university partnerships to include community colleges, to broaden our reach. We're kicking off a Scholarship Program for community college female students transitioning to 4-year state schools, which is very exciting, and we plan to continue Tech Trek and Scholar Recognition, as well. New interest groups are forming, and there's an increasing focus on smaller group interactions within the Branch. The first new member social in several years will be held in September. Among all of these things, our goal is for every member to find some project or activity that resonates with her own interests and passions, and become engaged with the Branch in realizing the AAUW vision and mission here in Seattle. Over the coming months, the various strategy STP teams will be transitioned back into the Branch board and committee structure so that implementation efforts will be fully integrated going forward. Thanks to all who have been a part of these efforts to date! If you'd like to be involved in any of the areas listed above going forward, please contact me at [president@aauw-seattle.org](mailto:president@aauw-seattle.org).



## Seattle Branch May Board Meeting - *Barbara Sando*

The Seattle Branch board met for its last time of the 2017-2018 fiscal year at Penny Tetter's home in mid-May. Discussion focused on reflecting on how completed projects had gone, as well as ensuring all was in place for Tech Trek over the summer. The Board also discussed, and ultimately decided to support and participate in, the Team Awesome Basketball Leadership Academy (TABLA) this summer. The board ensured readiness for the upcoming Annual Meeting and elections. The Board will resume regular monthly meetings in September 2018.

## Scholar Recognition - Coordinator Urgently Needed for Continuation of Longtime Program — *Barbara Sando*

Scholar Recognition is our annual program to honor high school senior women for their achievements in math, science, and technology to encourage them to continue to study these fields in college. We've been doing this project since 2001, and it's grown slowly each year. Last year, we honored 32 young women from 12 area schools. The Board is committed to this mission-based project and has budget in place to support it. We have a well-established committee with each person working with a school(s) from start to finish. Sounds ideal, right? Unfortunately, there's just one problem - **we need a project coordinator in order to continue Scholar Recognition for 2019!**



The coordinator job is well defined and time limited (approximately 10-12 hours for the entire project). The work happens between mid-January, when we first contact the schools, and wraps up by mid-April when we honor the award recipients at our reception. The coordinator keeps everyone on track by sending e-mail guidance and sample correspondence to the other volunteers at the start of the three main phases of the program. The coordinator also answers any questions the volunteers have along the way, and compiles a list of all of the students to facilitate the Certificates of Excellence and award checks being prepared towards the end. There are no in-person meetings to conduct or attend (until the Reception itself), and the coordinator's work can be done pretty much any time of day or night since it's all by e-mail. The Reception itself is planned by a number of people from the Board, so that task does not fall on the coordinator, though she is involved. The person taking over this job will not be starting from scratch, as copies of everything from last year have been saved.

If you're willing to take on this task, or would like more information as you consider doing so, please contact me as soon as possible at [president@aauw-seattle.org](mailto:president@aauw-seattle.org). Fingers crossed that someone will step up to lead this project, as it would be a real shame to have to discontinue it.

## Seattle Branch May Program & 2018 Annual Meeting - *Barbara Sando*

Twenty Seattle Branch members, as well as eight guests, attended our Branch Meeting on May 19<sup>th</sup>. Prior to our well-received speaker, author Mary Lou Sanelli, speaking and sharing from her book "Among Friends", the Annual Meeting was conducted. Branch members elected by acclamation Beverly Fogle as Vice President of Finance/Treasurer and Judy Waring as Vice President of Membership/Membership Chair. Officer terms began July 1<sup>st</sup> and run through June 30, 2020. No other official business was conducted at the Annual Meeting.



## Branch Fall Voter Registration and Assistance Project—Gay Armsden


Members of Seattle Branch will again be helping to ‘Get Out The Vote’ in September and October. This election year, two efforts are being planned. First, we plan to assist seniors in filling out their ballots and help with any needed signature updates. We already have one senior assistance center interested - Lake City Community Center. To help seniors update their signature, we will need to be at the center before the mail-in deadline of Oct. 8<sup>th</sup>. To assist seniors in filling out their ballots, we will want to be there not too long after the ballots are mailed out on Oct. 17<sup>th</sup>.

The second planned effort is helping people register to vote and alerting people about updating their address if they’ve moved since last voting (locations TBD, but possibly at area community colleges). Our registration drive can be any time before the mail-in deadline of Oct. 8<sup>th</sup>. One especially good day to be out registering voters is National Voter Registration Day, which is on Sept. 25<sup>th</sup>. This date is the day after Seattle Colleges start fall classes and the day before Shoreline Community College starts classes.

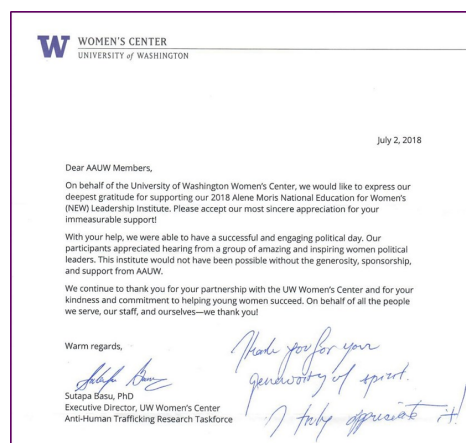
*Want training?* Some of our members have attended the excellent voter-registration training given by the League of Women Voters, which will offered in early September (date not yet set). This training typically covers WA state’s requirements, King County Elections’ expectations, registration changes passed by the Legislature this session, and your responsibilities as a registrar. Check the website for dates: [seattlelwv.org](http://seattlelwv.org). Are you interested in assisting seniors to vote and/or registering voters and alerting people about updating their address? Contact Gay Armsden at [publicpolicy@aauw-seattle.org](mailto:publicpolicy@aauw-seattle.org).

### Seattle Branch Sponsorship at Leadership Camp for Girls— Gay Armsden

Seattle Branch was a sponsor for girls attending the Team Awesome Basketball Leadership Academy (TABLA) in Shoreline in July. TABLA empowers female teen athletes by developing their communication, leadership, and advocacy skills through basketball. TABLA is run by Basketball Education in Action, founded by Bea Chang, which connects girl athletes with women who have been there, done it, and loved it. Four Seattle Branch members were involved with the camp, and all feel that TABLA is very worthy of our support. Marianne North, who gave a short talk to campers on Title IX and sat with Fiona Goodchild at the AAUW-information table at the Community Day, notes, “It was exciting to be among young, energetic women—to watch them on the court and in the workshop on self-awareness.” Fiona writes, “I sat in on the panel of college players who talked about how they were recruited and what were the highs and lows of being a member of a college team. The teen players clearly enjoyed getting a chance to plan for their future as an athlete.” CJ Nash, who delivered staff lunches, reports, “It felt great that AAUW was providing scholarship support to such high achievers in both athletics and academics,” and, “this sponsorship was also a good learning experience for our branch marketing.” Gay Armsden coordinated this branch project. Seattle Branch received an appreciative note from Ms. Chang, saying that because of our sponsorship they were able to reduce costs for 8 girls and that they are looking forward to working together again. Check out this video, made by the Junior Counselors: <https://goo.gl/yLw7zi>.

 **UW Women’s Center Grateful for Seattle Branch Support—Barbara Sando**

For the third year, AAUW Seattle Branch sponsored the Political Day of the UW Women’s Center’s Alene Moris NEW Leadership Institute this summer. Please see below for the Thank You letter the Branch received from Dr. Sutapa Basu, Executive Director of the Women’s Center. We should be proud of our efforts which are making a difference in our community.





## Interest Group Corner

The Seattle Branch has three very active interest groups and this year will be adding a new group, Stage Presence (see below). We welcome ideas for additional interest groups. The only requirement is that there be a leader/ coordinator for each group.

### **Art Smart**—Ann Dennis—[ad@aauw-seattle.org](mailto:ad@aauw-seattle.org)

The Art Smart took a summer break, but are looking forward to another year of visits to museum exhibits, lunches, and lively discussions. Planning for September includes a visit to the Michelangelo exhibit at the Tacoma Armory on September 26<sup>th</sup>. Please notify Ann Dennis if you would like to be added to the groups' e-mail communication list.

### **Book Group**—Bev Fogle—[books@aauw-seattle.org](mailto:books@aauw-seattle.org)

The Book Group will gather on September 25<sup>th</sup> at 1:00 p.m. to discuss *Evicted: Poverty and Profit in the American City* by Matthew Desmond. This Pulitzer Prize winning book paints a difficult but realistic picture of the lives of eight families suffering severe housing insecurity in 2009-era Milwaukee. It's guaranteed to generate a lively discussion. We meet in the Stadler Room at the Lake Forest Park Towne Center, 17171 Bothell Way NE, Seattle, at 1:00 p.m. on the 4th Tuesday of the month.

### **Stage Presence**—Bev Fogle—[books@aauw-seattle.org](mailto:books@aauw-seattle.org)

Stage Presence is a new interest group devoted to the stage. We will select performances to see together and try for variety of themes and aim to keep ticket prices reasonable. There will be a sign-up sheet to be on the mailing list and a short 'Preferences' questionnaire at the September Branch meeting.

In early November, we plan to see George Bernard Shaw's *Arms and the Man* at the Seattle Shakespeare Company; Willa Cather's *My Antonia* at the Book-It in December; and/or August Wilson's *Two Trains Running* at the Seattle Rep in late January. More details will follow.

### **Writers' Group**—Tonna Kutner—[TechTrak@aauw-seattle.org](mailto:TechTrak@aauw-seattle.org)

The Writers' Group meets at member's homes on the first Wednesday of the month at 11:30am. We work on a variety of projects from fiction to family history. The group discusses each member's work for the month and offers our thoughts and advice. New members are welcome!

## July luncheon with AAUW Fellowship Recipients - Marianne North

In early July, several AAUW Seattle Branch members enjoyed lunch and conversation with two recipients of AAUW Fellowships who recently completed their advanced degrees at UW.



Betty Nalungwe completed her M.A. in Social Work. Betty, whose studies focused on international peace and security, will return to her work with UNICEF in Zambia. Logan O'Laughlin earned her Ph.D Gender Studies. Logan researched environmental effects on endocrine systems related to reproduction and will continue post doctoral research at Duke University.

It was great to meet women who have benefited from AAUW's education fellowships and grants. It made me proud that I and many other members are supporting

such capable women who carry on our mission. It empowers me to know I can join with many other women and add my meager drops to the pool of resources to help women achieve equity. Stalactites and stalagmites are formed, one drop at a time. They are strong, long-lasting, and beautiful, just like us.



## Member News:

**Judy Campbell** retired from her career at Boeing after 31.5 years as an Industrial Engineer. She worked mostly in Defense, but also on the 767 program in Everett with her final job on the flight line at Boeing Field.

**Heather Dohan** ran the Lake Union 10k in August, her first! More running is in her future.

**Ellen Duernberger** says that May was her travel month—a visit to New Orleans, a road trip to Yellowstone, and a Memorial Day weekend trip to Las Vegas with about 60 Seattle Storm fans. Then her summer has been spent cheering at Mariners' games.

**Pam Forsha** and her husband Brian went on a trip to Ireland in May. They started off in Dublin, then to Galway, and on to Shannon. While in Galway, they took a local ferry to Inis Mor, one of the many Aran Islands in Galway bay and did sight-seeing via a pony cart! From Shannon, their "Men Of Worth" tour began: stops included the Cliffs of Moher, the Burren, the Famine Museum in Strokestown, a Viking boat cruise to the Clonmacnoise Monastery, where they finished their tour with five gorgeous days on the island of Inishbofin. There was music every night with the "Men of Worth" along with local Irish talent. They were impressed by the openness and friendliness of the Irish people everywhere they went.

**Linda Kramer Jennings** who transferred her AAUW membership from the Washington, D.C. area is enjoying life on Bainbridge Island in "our" Washington. In June, she traveled to England and Scotland.

**Theresa McCormick** traveled to Texas for a reunion with family and friends.

In June, **Ruth McFadden** reported: "I recently returned from a fascinating riverboat trip on canals and rivers in the Netherlands and Belgium with Smithsonian Journeys. The area was lovely despite the clouds and it was a great trip—and I took hundreds of photos."

**Barbara McHargue** and her two daughters enjoyed a visit to Coeur d'Alene, Idaho staying in an Airbn.

**Judy & Mike Waring** enjoyed a trip back east to attend Mike's 55<sup>th</sup> high school reunion and to celebrate their 50<sup>th</sup> wedding anniversary with family. It was the first time the nine years the immediate family members had been together.



### AAUW-Seattle Branch Officers 2018-2019

#### Elected

President:

Barbara Sando [president@aauw-seattle.org](mailto:president@aauw-seattle.org)

VP Finance:

Beverly Fogle—[finance@aauw-seattle.org](mailto:finance@aauw-seattle.org)

VP Programs:

Pamela Forsha & Sam Montgomery -  
[programs@aauw-seattle.org](mailto:programs@aauw-seattle.org)

VP Membership:

Judy Waring [membership@aauw-seattle.org](mailto:membership@aauw-seattle.org)

Secretary:

Marianne North - [secretary@aauw-seattle.org](mailto:secretary@aauw-seattle.org)

#### Appointed

Web Site: Heather Dohan

[website@aauw-seattle.org](mailto:website@aauw-seattle.org)

Catalyst Newsletter Editor:

Heather Dohan - [catalyst@aauw-seattle.org](mailto:catalyst@aauw-seattle.org)

Public Policy:

Gay Armsden - [publicpolicy@aauw-seattle.org](mailto:publicpolicy@aauw-seattle.org)

AAUW Funds:

Barbara Sando - [aauw-funds@aauw-seattle.org](mailto:aauw-funds@aauw-seattle.org)

College/University Relations:

Renée Agatsuma - [c-u@aauw-seattle.org](mailto:c-u@aauw-seattle.org)

Scholar Recognition:

**TBD** - [scholars@aauw-seattle.org](mailto:scholars@aauw-seattle.org)

Tech Trek:

Tonna Kutner – [TechTrek@aauw-seattle.org](mailto:TechTrek@aauw-seattle.org)

#### Board Members at Large

Penny Tetter—[pt@aauw-seattle.org](mailto:pt@aauw-seattle.org)

CJ Nash—[cjnash@aauw-seattle.org](mailto:cjnash@aauw-seattle.org)

### Connect with us!



**Seattle Branch AAUW**  
**16921 28th Ave SW**  
**Seattle, WA 98166-3207**  
 Address Service Requested

### *Upcoming Events...*

| Date               | Day      | Time   | Location   | Program   |
|--------------------|----------|--------|--|---|
| September 17, 2018 | Monday   | 4:00pm | Contact Secretary—<br>( <a href="mailto:secretary@aauw-seattle.org">secretary@aauw-seattle.org</a> )<br>for teleconference information | Branch Board Meeting  |
| October 8, 2018    | Monday   | 7:00pm | Contact Secretary—<br>( <a href="mailto:secretary@aauw-seattle.org">secretary@aauw-seattle.org</a> )<br>for teleconference information | Branch Board Meeting  |
| October 20, 2018   | Saturday | 9:30am | Best Western Plus Executive Inn  | Branch Meeting with FairVote WA   |
| November 10, 2018  | Saturday | TBD    | Third Place Books, Lake Forest Park  | Branch Meeting with Humanities Washington speaker UW Professor Anu Taranath |
| December 15, 2018  | Saturday | 9:30am | Seattle Yacht Club   | Annual Holiday Program  |
| January 28, 2019   | Monday   |        | AAUW Washington State Lobby Day  | Olympia, WA   |